Jonathan M. Hoover, Ph.D.

Assistant Professor, Program Director: MS in General Psychology

Regent University

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Regent University
1000 Regent University Drive
Virginia Beach, VA 23464

EDUCATION

Ph.D., Industrial & Organizational Psychology 5/2021
Grand Canyon University, Phoenix, AZ

M.S., General Psychology 12/2017
Regent University, Virginia Beach, VA

B.S., Psychology 1/2012
Liberty University, Lynchburg, VA

ACADEMIC APPOINTMENTS

Regent University, Virginia Beach, VA 8/2022 – Present
Assistant Professor / Program Director — M.S. in General Psychology, School of Psychology and Counseling

- GPSY 500 – Contemporary Psychology
- GPSY 513 – Research Methods in Psychology (Updated)
- GPSY 553 – Industrial and Organizational Psychology (Designed)
- GPSY 510 – Statistics I
- GPSY 511 – Statistics II
- GPSY 512 – Statistics III
- GPSY 517 – Social Psychology
- MHPS 616 – Research Methods in the Psychological Sciences I (Updated)
- MHPS 617 – Research Methods in the Psychological Sciences II (Designed)
- MHPS 714 – Statistics I
- MHPS 715 – Advanced Multivariate Statistics (Designed)

Regent University, Virginia Beach, VA 10/2021 – 8/2022
Assistant Professor / Interim Program Director — Ph.D. in Counseling and Psychological Studies, School of Psychology and Counseling

Regent University, Virginia Beach, VA 12/2018 – 9/2021
Instructor (30 credit hours/yr), School of Psychology and Counseling

OTHER POSITIONS

NewSpring Church, Wichita, KS 2025 – Present

Senior Associate Pastor / Director of Leadership Formation and Team Culture

- Oversee leadership training and task management at organization level (2025–Present)
- Serve as team conflict mediator and advise senior team of needed action (2025–Present)
- Conduct training to create and maintain positive and mission-consistent team culture (2025–Present)
- Participate on senior leadership team
- Preaching approximately 12 weekends per year

NewSpring Church, Wichita, KS 2010 – 2025

Senior Associate Pastor / Couples Pastor

- Participate on senior leadership team (2010–present)
- Preached approximately 12 weekends per year (2010–present)
- Oversaw publications/video (2010–2012)
- Oversaw worship ministry (2013–2016)
- Oversaw small groups ministry (2013–2015)
- Oversaw couples ministry (2010–2025)
- Life-coaching for distressed couples (2010–2025)
- Oversaw care ministry/grief ministry (2020–2025)

RESEARCH

Director: Pastoral Wellness Research Team, *Regent University* 4/2021 – 8/2022

Member: Research Team for Clinical Neuropsychology, *Regent University* 3/2017 – 12/2017

PUBLICATIONS

Peer-Reviewed Journal Articles

1. Hoover, J., Francis, L. J., Village, A., & Guilfoyle, J. (2024). Francis Burnout Inventory for people-workers: Initial psychometric testing. *Journal of Workplace Behavioral Health*, 1–13. https://doi.org/10.1080/15555240.2024.2444416
2. Hoover, J. (2018). Can Christians practice mindfulness without compromising their convictions?. *Journal of Psychology and Christianity*, 37(3), 207–215.
3. Kansiewicz, K., Temple, M., Hoover, J., Ripley, J., Sells, J. (In press). Well-being and help-seeking of Baptist ministers and spouses in the U.S. *Journal of Psychology and Theology*.

Manuscripts Under Review

1. Hoover, J. & Hoover, C. (Under review). Development and Initial Validation of the PERSON-24: A Bifactor Measure of Broad-Domain Exhaustion. *Journal of Psychology and Theology*.
2. Hoover, J. (Under review). Presidential Rhetoric and Approval: A Preregistered Test Using Embedding-Based Construct Measurement. *Political Communication*. https://doi.org/10.31235/osf.io/w6f9m_v1

3. Hoover, J. (Under review). Schema Hijacking: A Cognitive-Mechanistic Theory of Coercive Religious Manipulation, with an LLM-Coded Thematic Analysis of Jim Jones's Pre-Jonestown Sermons. *Journal of Psychology and Christianity*.
4. Hoover, J. (Under review). Tenure, Texture, and Response: A Sentence-Level Computational Typology of Presidential Press-Conference Rhetoric, 1945–2025. *Political Communication*. https://doi.org/10.31235/osf.io/z8jdg_v1
5. Hoover, J. (Under review). "Clap Trap": Defensive Economic Rhetoric, Partisan Identity Activation, and Affective Polarization in U.S. Presidential Discourse, 1945-2024. *Journal of Economic Psychology*.

Book (Authored)s

1. Hoover, J. (2026). Talented and Toxic: How to Understand Toxic Leaders and Avoid Becoming One.
2. Hoover, J. (2024). Stress Fracture: Your Ultimate Guide to Beating Burnout. *Bethany House*.
3. Hoover, J. (2015). Fight-proof your marriage. *J and W Publishers*.
4. Hoover, J. (2013). The blindfolded marriage. *J and W Publishers*.

Translation

1. Hoover, J. (2025). Las Fracturas Por Estrés: Una Guía Definitiva Para Tu Reconstrución Emocional. *Whitaker House*. Belmonte Translators, Trans. Original work published 2024.

Workbook / Curriculum

1. Hoover, J. (2024). Through This Valley Workbook. *NewSpring Church Publications*.

Non-Academic Article

1. Hoover, J. (2019). How I learned to avoid overreacting. *Focus on the Family Magazine*, August/September Issue.

PRESENTATIONS

Conference Presentation (Oral)

1. Hoover, J. H. (2025, February). Stress Management and Burnout Prevention. Presented at Regent University CAPS Chapter Event 2025, Online.
2. Kansiewicz, K., Hoover, J., Temple, M., Sells, J., & Ripley, J. (2024, March). Empowering clergy to live well: Lessons from a new study of Baptist pastors and their spouses. Presented at CAPS 2024 Annual Conference, Atlanta, GA.
3. Feldhahn, S., & Hoover, J. (2023, September). Let's talk about sex: Giving couples essential tools for renewing connection and maximizing intimacy. Presented at AACC World Conference, Nashville, TN.
4. Hoover, J. H. (2022, March). Clergy burnout — The Balanced Affect Model. Presented at CAPS annual conference, Online.
5. Feldhahn, S. & Hoover, J. (2021, September). Money and love: The unseen truths that help any couple thrive instead of dive. Presented at American Association of Christian Counselors World Conference,

Orlando, FL.

6. Hathaway, W. & Hoover, J. (2019, October). Christian psychologists as organizational and leadership consultants. Presented at American Association of Christian Counselors World Conference, Nashville, TN.

Conference Poster

1. Hoover, J. & Hoover, C. (2026, March). Generalist Perspective of Burnout Syndrome and Development of the Person-24 Assessment. Presented at CAPS 2026 Annual Conference, Columbus, OH.
2. Hoover, J. & Chan, K. (2024). Comparison and practical implications of differing burnout models, assessment, and intervention. Presented at 2024 International Conference, Christian Association of Psychological Studies, Denver, CO.
3. Lindo, J., Ord, A., Sykes, A., Shull, E., Alexander, U., Morales, K., … Sautter, S. (2018). Spiritual faith and neuropsychological functioning in patients with neurocognitive disorders. Presented at 2018 International Conference, Christian Association of Psychological Studies, Norfolk, VA.

AWARDS & HONORS

Outstanding Graduate. Regent University Master of Science in General Psychology Program. 2018

PROFESSIONAL SERVICE

Institutional (Department / University)

Member, *Insitutional Review Board* 2026

Executive Committee, *Regent University School of Psychology and Counseling* 2020

EDITORIAL ACTIVITIES

Editorial Board Member — *Journal of Workplace Behavioral Health* 11/2025 – Present

PROFESSIONAL ASSOCIATIONS

American Psychological Association

Christian Association for Psychological Studies

MEDIA APPEARANCES

Marriage Initiative. Burnout in Marriage. 2025.

GEB America Podcast. Stress Fracture: The reality and danger of burnout. November, 2024.

In the Market with Janet Parshall. Stress Fracture. October, 2024.

Life Today Live. Burnout. 2024.

The Alli Worthington Show. Managing Stress and Recovering from Burnout. October, 2024.